



**STRAIGHT**  
A Direction for Youth  
**STRAIGHT INC.**  
Greater Washington  
PROGRAM DIRECTOR  
Mel I. Riddile, Ed.D.

TO: ALL STAFF  
FROM: DR. RIDDILE *MR*  
SUBJECT: PROGRAM PROCEDURES  
DATE: 26 MAY, 1983

JUST A REMINDER regarding the following program procedures. Those procedures marked with an asterisk are to be dealt with daily in RULES RAP. These policies are not new but will require periodic reminders.

1. Chemically dependent people are impulsive and have a tendency to obtain good feelings from external stimuli as indicated by, not only their drug problem, but also many experiencing eating disorders. Therefore, \*FOOD IS NOT TO BE USED AS A REWARD OR CONSEQUENCE FOR A CLIENT'S BEHAVIOR.
2. Similarly, \*PHYSICAL ACTIVITY IS NOT TO BE USED AS A REWARD OR CONSEQUENCE FOR A CLIENT'S BEHAVIOR.
3. For safety reasons \*NO CLIENT(S) IS TO BE LOCKED IN ANY ROOM AT ANY TIME.
4. In order to preserve the dignity of each client and to ensure safety \*NO ARTIFICIAL RESTRAINT IS TO BE USED ANY TIME.
5. When clients leave the program by running away we have absolutely no legal jurisdiction over them. If we advise parents/friends regarding possible methods of finding/apprehending their child, they are technically acting as our agents and we are legally liable. Therefore, STAFF MAY NOT ADVISE PARENTS REGARDING COPOUTS.
6. NO PHYSICAL RESTRAINT EXCEPT IN CASES WHERE THE CLIENTS THREATEN TO HARM THEMSELVES OR OTHERS.
7. NO GIMMICKS! (i.e. BIBS, DUNCE HATS, etc.)
8. Straight's primary mode of therapy is the large group. Large group therapy is the preferred mode of counseling. On occasion, individuals may encounter therapeutic issues which render them, in effect, "stuck". In such instances individuals

Page 2

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may benefit from individual help from staff and/or peers. Any extended individual therapy (i.e. more than part of a day) must be approved by an executive. A designated senior will be responsible to update the executive on a daily basis as to the client's progress.

9. The CLIENT WITHDRAWAL procedure will be dealt with each day in RULES RAP.

10. The CLIENT CONFIDENTIALITY STATEMENT will be dealt with each day in RULES RAP.

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MJR/cck