

First Handout

FEELING WORDS

distant  
close  
submissive  
dependent  
independent  
talkative  
quiet  
angry  
evasive  
embarrassed  
deferential  
cooperative  
contemptuous  
firm  
aggressive  
self-assured  
anxious  
seductive  
open  
happy  
sad  
fearful  
guilty  
enraged  
panicky  
grief stricken  
calm  
confident  
timid  
two-faced  
dishonest  
abcessed

warm  
nauseated  
dead eyed  
choked up  
itchy  
irritated  
excited  
breathless  
locked in  
belligerent  
soft  
relaxed  
vacant  
appealing  
hard  
dull  
soft  
cold  
determined  
defiant  
surprised  
horrified  
ecstatic  
joyful  
depressed  
immobilized  
paralyzed  
uptight  
tense  
stretched  
taut  
defeated

bushed  
strong  
affectionate  
light  
airy  
grateful  
compassionate  
sympathetic  
empathetic  
lonely  
proud  
humble  
alarmed  
threatened  
hopeful  
loving  
tolerant  
beaten  
burdened  
weepy  
resentful  
envious  
carefree  
edgy  
grumpy  
confused  
respectful  
powerful  
hopeless  
inadequate  
impatient  
abused